

Steve Sisolak
Governor



Richard Whitley
Director

State of Nevada Department of Health and Human Services

DCFS Planning and Evaluation Unit (PEU) –
2020-2021 Psychiatric Residential Treatment Facilities (PRTFs)

Division of Child & Family Services

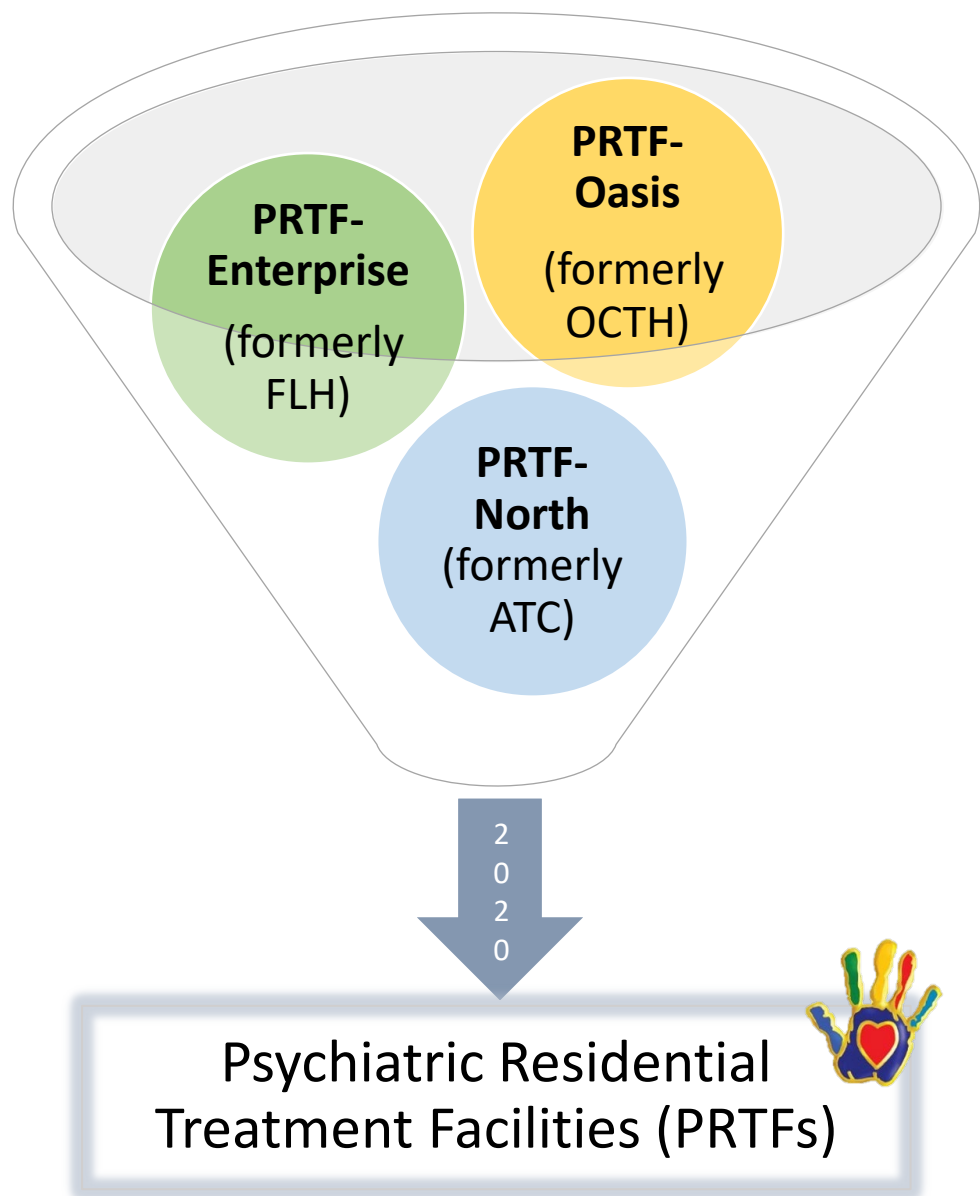
Susie Miller, Deputy Administrator, Residential Services



Helping people. It's who we are and what we do.



PRTFs' History



Transition to PRTFs

Change of License

Licensed as Health Care Facilities under Health Care Quality and Compliance (HCQC)

Change of Medicaid Provider Type

Changed from Provider Type 14 (billing individual PSR and BST) to Provider Type 63 with a bundle rate to provide all services in-house.

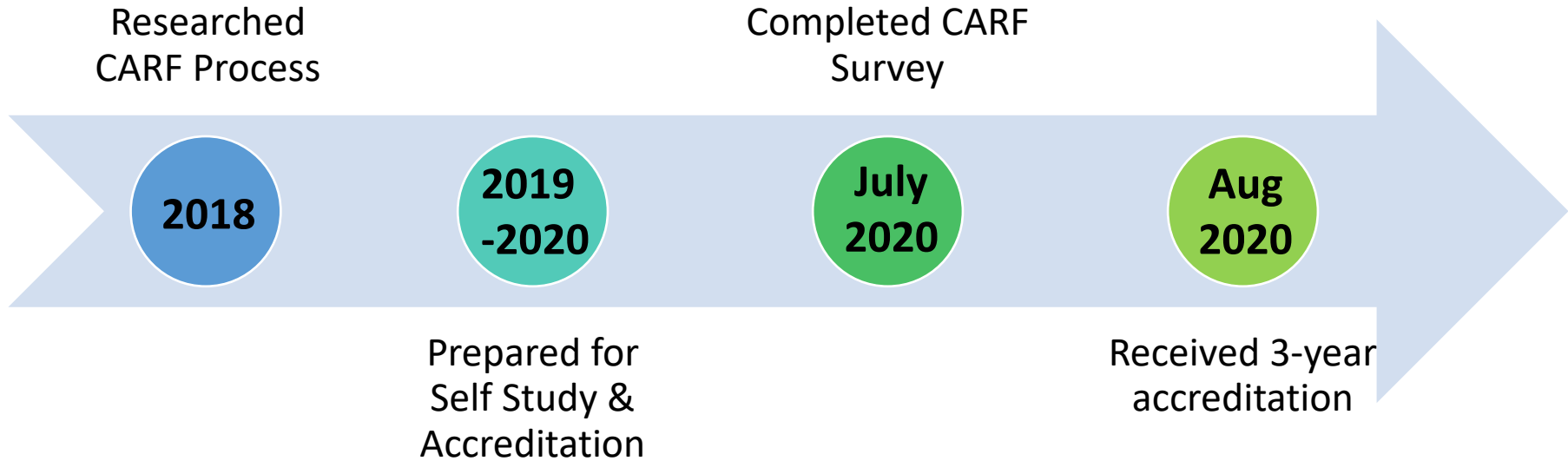
Accreditation

Required to be licensed as a PRTF for Medicaid and HCQC.



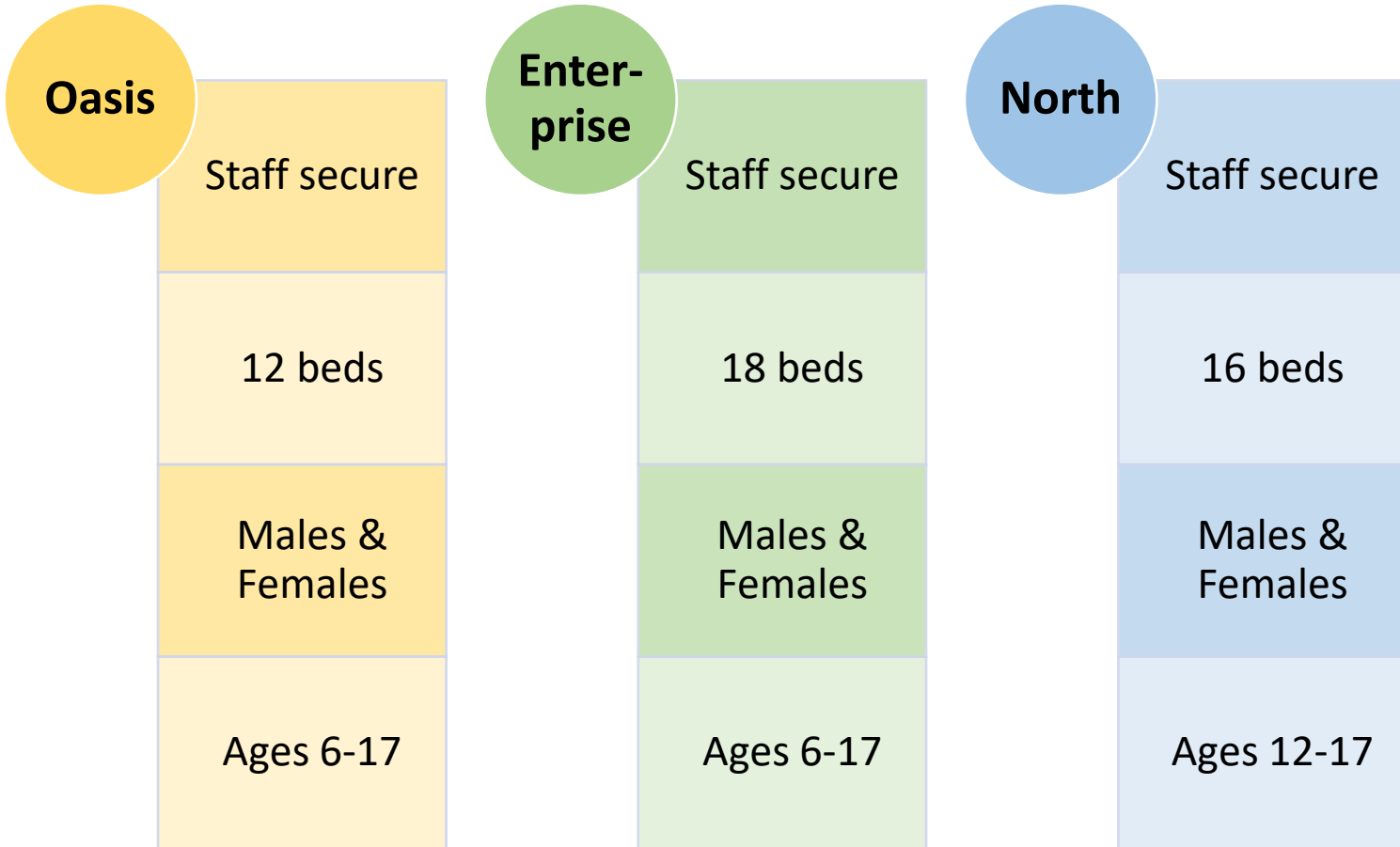


CARF Timeline



Program Descriptions

- All three PRTF programs are CARF accredited and licensed through HCQC.



Who Do We Serve?

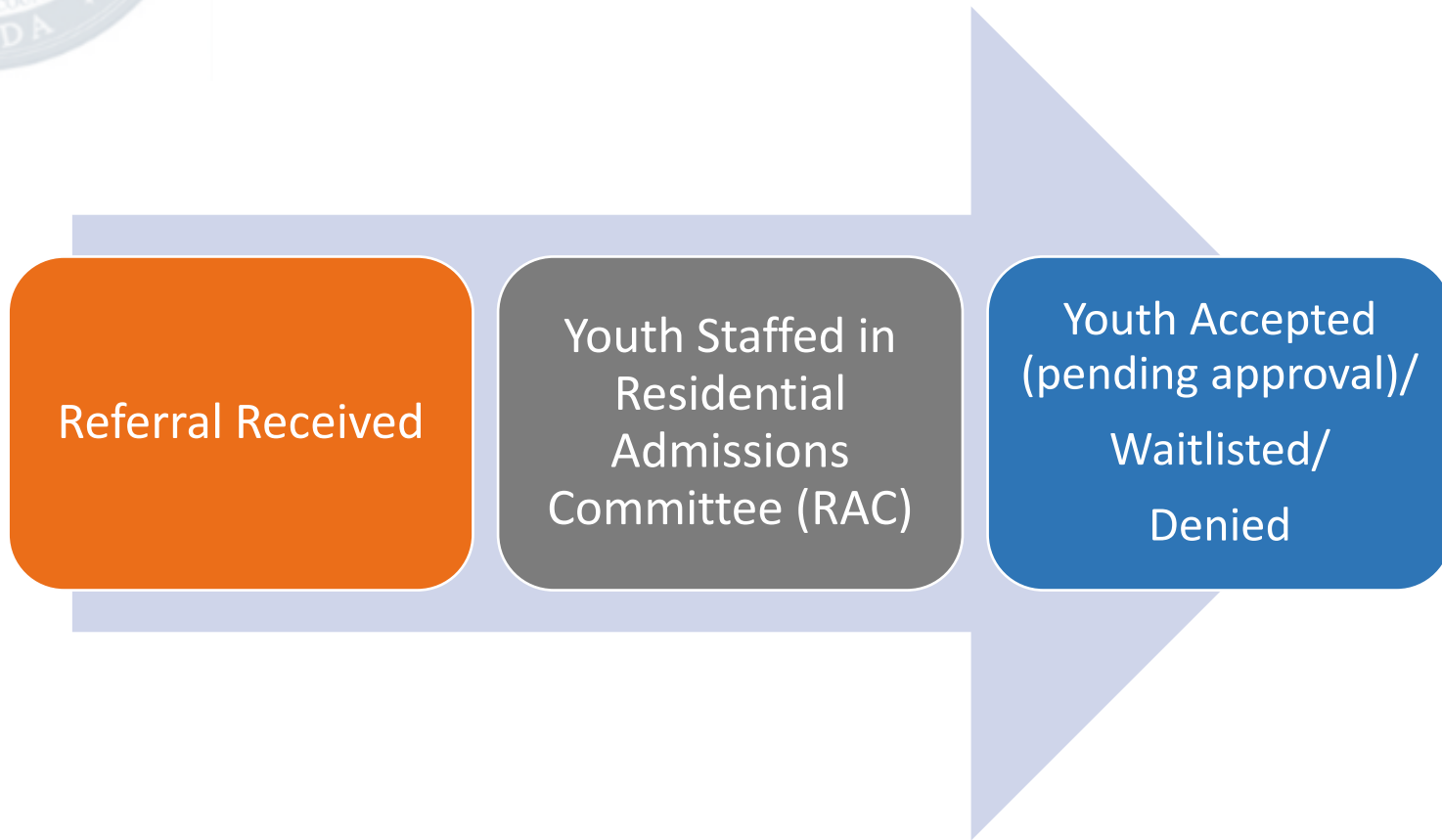


- We are part of the Nevada System of Care (SOC) continuum.
- We serve:
 - Youth with Severe Emotional Disturbances (SED).
 - Youth no longer appropriate for acute level of care, or
 - Youth who cannot effectively respond to services from a less restrictive setting.
 - Youth meeting medical necessity and admission criteria, as defined by Medicaid.





Referral Process



Data Collection and Usage

Purpose

- Ensure youth and families' goals are being met.
- Assist managers, administrators, and stakeholders in determining effectiveness of the PRTF programming.
- Informs ongoing Performance Improvement Outcome Measures.



Data Collection

- Through the PRTFs' ongoing quality improvement program.
- Through DCFS-Planning and Evaluation Unit (PEU)
- This presentation = data from FY2020-FY2021.



Average Population by Fiscal Year

	Oasis		Enterprise		North	
	Capacity	Average	Capacity	Average	Capacity	Average
FY 2020	26	13	18	10	16	12
FY 2021	12	8	18	7	16	9

Population Factors:

- Acuity & Individual Needs of the Youth
- Staffing
- COVID-19
- Rooms/Homes Identified for Single Use
- Facility Capacity (Oasis Transition)



Average Length of Stay

	Oasis	Enterprise	North
FY 2020	3.39 Months	4 Months	4 Months
FY 2021	6.11 Months	3 Months	2.85 Months

*These averages include youth whose length of stay ranged from 1 day to 2 years.

- Average for youth successfully completing the program:

	Oasis	Enterprise	North
FY 2020	3.29 Months	4 Months	4 Months
FY 2021	6.40 Months	3.56 Months	3.75 Months



Type of Discharge

	Oasis FY20	Oasis FY21	Enterprise FY20	Enterprise FY21	North FY20	North FY21
Successfully Completed Program	34%	26%	49%	44%	45%	76%
Discharged to Higher Level of Care	22%	32%	10%	33%	18%	14%
Discharged to Lower Level of Care	25%	11%	13%	4%	3%	0%
Other	39%	32%	28%	19%	33%	10%

Youth Custody Status at Admission



FY2020

	Oasis	North	Enterprise
CC Custody	23%	0%	3%
WC Custody	0%	13%	27%
State Custody	14%	0%	6%
Parental Custody	48%	85%	61%
Youth Parole	16%	3%	0%

FY2021

	Oasis	North	Enterprise
CC Custody	50%	7%	17%
WC Custody	4%	14%	13%
State Custody	0%	17%	13%
Parental Custody	46%	59%	58%
Youth Parole	0%	3%	0%

JJ Involvement at Admission

- Total percentage across all 3 PRTFs:

	FY2020	FY2021
Probation	33%	35%
Parole	9%	3%
No JJ Involvement	58%	62%

Most Frequent Primary Diagnoses at Admission: FY20-FY21

- Across all three facilities (from highest to lowest):
 - 1) Major Depression/Unspecified Depression-35%
 - 2) Disruptive Mood Dysregulation Disorder-24%
 - 3) Bipolar Disorder-17%
 - 4) Post Traumatic Stress Disorder (PTSD)-10%
 - 5) Attention Deficit Hyperactivity Disorder (ADHD)-4%
 - 6) Autism-2%
 - 7) Schizophrenia, unspecified-2%
 - 8) Schizoaffective Disorder-2%
 - 9) Conduct Disorder-1%
 - 10) Unspecified Disruptive Impulse control Disorder-1%



Family Involvement

- **Parent Training**
 - Individualized Effective Parent Support
 - Parent Observation
 - Skills Reinforcement
 - Therapeutic Pass Pre-Teaching and Debrief with youth and family
- **Family Activities**
 - Onsite events, e.g. theme nights
 - Include family in program's offsite outings when possible
 - On-call support for family home visits
- **Day and Overnight Passes**
 - Day passes supported throughout treatment in program
 - Overnight passes incorporated as youth prepares to go home
- **Building Bridges Initiative (BBI)**
 - Family integration/participation
- **COVID Impact**
 - In-person visitation restrictions, utilizing virtual family visits

PRTF Youth Education

- Attend Clark County schools
- Offsite education
- Distance learning when schools are closed

Oasis



- Attend Washoe County schools
- Offsite education
- Distance learning when schools are closed

Enterprise



- Attend Washoe County schools
- Onsite education
- Distance learning when schools are closed

North

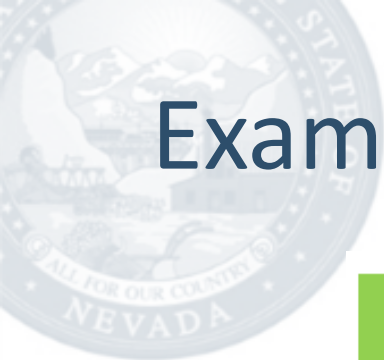




Assessments/Screenings

	At Intake	Every 90 Days	Annually	At Discharge	As Needed
Person Centered One-Page Profiles	✓				
Columbia Screening Tool Suicide Risk Assessment	✓				✓
Psychiatric Advanced Directive Personal Safety Plan	✓				✓
Youth & Family-Centered Strength-based Treatment Plan	✓	✓		✓	✓
CANS-Child and Adolescent Needs and Strengths	✓	✓		✓	
CASII-Child and Adolescent Service Intensity Instrument	✓	✓		✓	
CUMHA-Comprehensive Uniform Mental Health Assessment	✓		✓		
Child and Family Team Meetings	Every 30 days				





Example of One-Page Profile

Susie

Age: 10
Occupation: Student and Future Nail Designer!

A colorful illustration of a leprechaun wearing a green top hat, a green coat, and a multi-colored sash. He is holding a green bag and a green pipe. The illustration is enclosed in a dashed yellow border.

What people appreciate about me

- I am Kind and Respectful!
- I make a lot of Friends!
- I care about other people.
- I am Funny and Silly!

What is important to me

- My Family!
- My Friends!
- My doggos!
- I looove Gum and dessert!
- Being Healthy!!

How to support me

- Giving me Help.
- Giving me space when I am frustrated
- I want people to do what they say they will do.

Mental Health Services Provided at PRTFs



The following services are included in the PRTF service delivery:

Individual and Family Therapy

Psychiatric Services

Medication Management

Psychological Services

Therapeutic and Behavioral Modification Services

Aggression Replacement Training (ART)

Recreation and Milieu Therapies

Case Management

Psychosocial Rehabilitation Services

Psychoeducational Services

Psychiatric Oversight



Multi-disciplinary Team

- Child and Family Teams (CFTs) include:
 - Youth
 - Family/ guardians
 - PRTF staff, including Therapist, Youth's staff
 - Other: Parole/Probation Officers, WIN Worker, CASA, CAP, and other formal/informal supports
 - Facility Psychiatrist: sees PRTF youth for medication management, provides information to CFT



PRTF Staffing

PRTF Staff include:

- Medical Director
- Clinical Program Manager II
- Clinical Program Manager I
- Program Officer II
- Mental Health Counselors / Clinical Social Workers
- Nurses
- Psychiatric Case Worker (Intake and Family Engagement)
- Direct Care Staff:
 - Treatment Home Supervisors
 - Treatment Home Providers
 - Mental Health Technicians

Staff Training

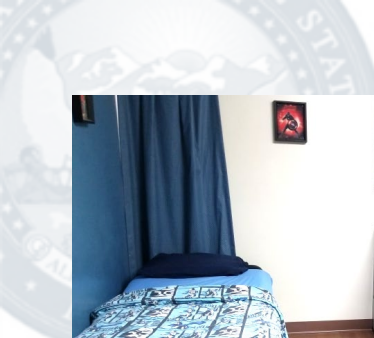
- Outlined by CARF, HCQC, Medicaid, NRS/NAC statutes, and Divisional requirements.

As Required By	Training (at orientation & annually)
NRS 433b.175	<ul style="list-style-type: none"> • CPI/CPAR: use of seclusion and restraint • Suicide Prevention and Response • Supporting LGBTQ+ Youth • Youth Rights • PEM, PBIS, ART, others: controlling youth's behavior • Medication Administration: Med techs-additional training, all staff-basic training • Policies and Procedures for Program Operations • Mandated Reporter - Child Abuse and Neglect (UNR)
NRS 433.279	<ul style="list-style-type: none"> • Mental Health and Developmental Disabilities (MHDD) – <i>for MHTs only</i>. Examples of classes: <ul style="list-style-type: none"> ○ Role of the Technician ○ Introduction to Therapeutic Interventions ○ Advanced Therapeutic Interventions ○ Positive Behavioral Supports ○ Teaching Life Skills ○ Understanding Mental Illness

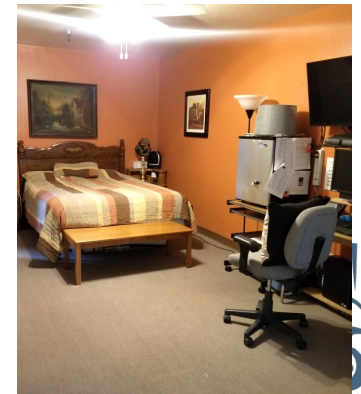
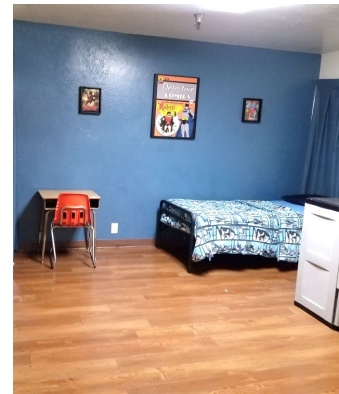
Staff Training – cont'd

- Outlined by CARF, HCQC, Medicaid, NRS/NAC statutes, and Divisional requirements.

As Required By	Training (at orientation & annually)
HCQC	<ul style="list-style-type: none"> • Cultural Competency: 9 hours (NRS 449)
USDA & HCQC	<ul style="list-style-type: none"> • Food Safety, Civil Rights, Wellness and Nutrition: 6 hours • ServSafe Food Handlers Certification • HACCP • Wellness, Obesity and Physical Activity (UNR) • Health and Safety: <ul style="list-style-type: none"> ○ Signs and Symptoms of Illness & Bloodborne Pathogens(UNR) ○ Emergency Preparedness and Emergency Procedures
DCFS	Other training as needed to comply with mandates or meet program operation needs.



PRTF- Enterprise





Inside Enterprise



PRTF-North



Inside North





PRTF-Oasis





Inside Oasis

Looking Forward

Technical Assistance Program

- to bring in positive Behavioral Interventions and Supports (PBIS)

PBIS Exploration Phase

- underway now
- 3-6 month process

Program Reviews & Staff Training

- will follow in 2022

PBIS Implementation

- will add a layer of support and data-informed performance measures

Oasis Realignment to DWTC

- Oasis staff transferring to DWTC to increase capacity
- Provider will offer PRTF level of care at Oasis campus

Parent Training Curriculum

- exploring
- will select evidence-based

Operating Procedures

- reexamining and standardizing
- align with functions of PRTFs

Additional Training

- ongoing identification and implementation
- e.g. SPARCS





Questions?





Additional Resources

- PRTFs: [Residential and Day Treatment Services \(nv.gov\)](http://www.nv.gov)
- [PRTF Referral Form](#)
- CANS: <https://praedfoundation.org/tcom/tcom-tools/the-child-and-adolescent-needs-and-strengths-cans/>
- Positive Behavioral Interventions & Supports (PBIS): [Center on PBIS](#)



Contact Information

Susie Miller

Deputy Administrator

smiller@dcfs.nv.gov

702-486-5016

www.dcfs.nv.gov



Acronyms

• ADHD	Attention Deficit Hyperactivity Disorder	• DCFS	Division of Child and Family Services	• PEU	Planning & Evaluation Unit
• ART	Aggression Replacement Training	• DWTC	Desert Willow Treatment Center	• PRTF	Psychiatric Residential Treatment Facility
• BBI	Building Bridges Initiative	• FLH	Family Learning Homes	• PSR	Psycho-Social Rehabilitation
• BST	Basic Skills Training	• FY	Fiscal Year	• PTSD	Post Traumatic Stress Disorder
• CANS	Child and Adolescent Needs and Strengths	• HCQC	Health Care Quality and Compliance	• RAC	Residential Admissions Committee
• CARF	Council for Accreditation of Residential Facilities	• JJ	Juvenile Justice	• SED	Serious Emotional Disturbance
• CASII	Child and Adolescent Service Intensity Instrument	• LGBTQ+	Lesbian, Gay, Bisexual, Transgender, Queer	• SOC	System of Care
• CC	Clark County	• MHT	Mental Health Technician	• SPARCS	Structured Psychotherapy for Adolescents Responding to Chronic Stress
• CFT	Child & Family Team	• MHDD	Mental Health and Developmental Disabilities	• UNR	University of Nevada, Reno
• CPAR	Crisis Prevention and Response	• NRS	Nevada Revised Statute	• USDA	United States Department of Agriculture
• CPI	Crisis Prevention Institute	• OCTH	On-Campus Treatment Homes	• WC	Washoe County
• CUMHA	Children's Uniform Mental Health Assessment	• PBIS	Positive Behavioral Interventions & Supports	• WIN	Wraparound In Nevada
		• PEM	Psycho-Educational Model		

